

Part 2 Discovering Useful Structures & Listening and Talking

基础过关练

I. 单词拼写

1. One in seven _____ (事故) is caused by sleepy drivers.
2. What skills are needed to _____ (操作) this machine?
3. She leaned over and _____ (小声说) something in his ear.
4. My friend and I returned to town by the _____ (午夜) express (特快列车).
5. The report calls for a ban on the _____ (进口) of hazardous waste.
6. American pop music has been _____ (传播) around the world.
7. For six months of the year, there is hardly any light at both the _____ (地极).
8. There's only one seat so you'll have to sit on my _____ (大腿部).
9. The beginnings of a moustache showed on his upper _____ (嘴唇).
10. We'll do all we can to _____ (帮助) you.
11. The _____ (董事长) of the company presented the annual report.
12. He suffered loss of _____ (记忆) for weeks after the accident.
13. The dog is fastened to the post by an iron _____ (链条).
14. She worked for a time as a _____ (女服务员).

II. 单句填空

1. The damage couldn't have been caused _____ (accidental).
2. She had an _____ (operate) on her knee at the clinic.
3. They speak _____ whisper in case they might be heard.
4. She _____ (bite) by the family dog the other day.

5. She offered me practical _____ (assist) with my research.

6. He studied his map, trying to _____ (memory) the way to the museum.

7. I was _____ (pregnancy) with our third child at the time.

III. 选词填空

give first aid; pass away; in memory of; find out; once upon a time; first of all; take place; step by step

1. I am not rushing into things. I'm taking it _____.

2. _____, you should know what profession suits you.

3. She set up an educational fund _____ her mother.

4. Anyone with the right medical knowledge can _____.

5. As everybody can see, great changes have _____ in China.

6. I want you to do everything you can to _____ who's responsible.

7. He unfortunately _____ last year because of serious disease.

8. _____, there lived an old man who had two beautiful daughters.

IV. 完成句子

1. 我看到几个年轻人进了等候区,好奇地四处张望。

I saw several young people enter the waiting area, _____.

2. 我在那里站了片刻,注视着他们,然后过去和他们打招呼。

I stood there for a minute, _____, and then went to greet them.

3. 转过身,她看到一辆救护车开走了。

_____, she saw an ambulance driving away.

4. 玛丽坐在教室的窗边读书。

Mary sat by the window of the classroom,_____.

5.今天早晨,在我去学校的路上,我看到两位妇女在争吵。

When I was on my way to school this morning, I_____.

6.被看到正在厨房吸烟的厨师被老板解雇了。

The cook who _____ in the kitchen was fired by the boss.

7.在乘火车之前,乘客应该让他们的行李接受检查。

Passengers should _____ before they take a train.

8.他为拯救事故中的伤者做了力所能及的一切。

He did _____ to save the injured people in the accident.

9.我们举行了一系列的课后活动,在活动中学生们可以展示他们的天赋。

We held a series of after-school activities, _____ students could show their talents.

10.过马路时行人必须要注意红绿灯。

The pedestrians must pay attention to the traffic lights _____.

能力提升练

I. 阅读理解

(2019 湖北天门高一下期中,★☆☆)

A day in the life of 18-year-old David Lanster is full of teenage activities: school, baseball practice and homework. And then he starts cooking. “Some nights I’m up until 1 a.m. making pies, or even later if we’re cooking beef,” said the student at Ransom Everglades High School in Florida, US.

For the past year, Lanster and Kelly Moran, his classmate, have been hosting fancy dinner parties at Lanster’s parents’ home. Their meals have 17 courses and are all made by themselves. Their guests used to give them gifts to thank them, until the pair decided to do something nice for charity. “We got some really great Miami Heat tickets, a nice watch, and many kitchen machines,” said Lanster. “But we wanted to make this something positive for people other than us.”

Lanster and Moran focused on Common Threads, a charity(慈善机构) that helps to teach kids in poor neighborhoods to cook and make healthy eating choices. The young cooks ask their guests to give however much they want as payment for their meals. It all goes to Common Threads because Lanster’s parents cover their food costs. After their last 12-person event, Lanster and Moran gave \$1,600 to the charity. Now, they’re taking their show out of the kitchen and on the road. Lanster and Moran have started to organize private dinner parties in a similar way: the host pays for the ingredients(原料), and the guests make a donation to a charity.

Outside the kitchen, the two are busy preparing their college applications. Neither of them is sure what they will do in the future, but they've promised their parents that they'll leave cooking alone until they finish high school.

1. Why does Lanster and Moran cook now?

A. To get gifts from guests.

B. To raise money for charity.

C. To become cooks.

D. To make healthier eating choices.

2. What can we infer about Lanster and Moran?

A. They will give up cooking forever.

B. They are sure about their future jobs.

C. Their parents support cooking as a job.

D. They will stop cooking for college applications.

3. How can we best describe Lanster and Moran?

A. Selfish and reliable.

B. Creative and helpful.

C. Confident and careful.

D. Outgoing and patient.

4. What can be a suitable title for the text?

A. A Great Cook

B. Eat as You Wish

C. Helping by Cooking

D. Cooking for School Fees

II.七选五

(2019 河南郑州登封中学高一下期末,★★☆)

Self-esteem(自尊) plays a role in almost everything you do. 1 They can have better relationships with peers(同龄人) and adults, feel happier, find it easier to deal with mistakes, disappointments and failures, and are more likely to stick with something until they succeed.

If you want to improve your self-esteem, here are some useful tips.

★Try to stop having negative thoughts about yourself. If you're used to focusing on your shortcomings, start thinking about positive aspects of yourself. 2

★View mistakes as learning opportunities. Accept that you will make mistakes because everyone does. 3 Remind yourself that a person's talents are constantly developing, and everyone does well in different things.

★4 If you realize that you're unhappy with something that you can change, then start today. If it's something you can't change(like your height), then start to work toward loving yourself the way you are.

★Make a contribution. Help a classmate who's having trouble, offer to clean up your neighborhood or volunteer your time in some other way. 5

★Have fun. Enjoy spending time with the people you care about and doing the things you love. Relax and have a good time—and avoid putting your life on hold.

It takes some work to develop good self-esteem, but once you do, it's a skill you'll have for life.

- A.Mistakes are part of learning.
- B.Recognize what you can change and what you can't.
- C.Low self-esteem is a negative evaluation(评价) of oneself.
- D.Each day, write down three things about yourself that make you happy.
- E.People with high self-esteem do better in school and find it easier to make friends.
- F.Experience is the great thing that enables you to recognize a mistake when you make it again.
- GFeelings like you are making a difference and your help is valuable can do wonders to improve self-esteem.
- 1._____ 2._____ 3._____ 4._____ 5._____

III.完形填空

(2019 宁夏石嘴山高一下期中,★★☆)

I was walking home from school one day and it happened to be a particularly__1 and windy day. It was cold and I was crazy enough to forget my hat and scarf. You can imagine my cheeks were rosy red and my hands were as numb(麻木的) as they could be.

All of a sudden, an old lady__2__ up beside me and asked if I would like a ride home. At first, I said it was OK and her __3__ smile melted(融化) away the thought that I should never talk to __4__! We had an amazing chat and she was just such a good woman. She told me her __5__ and she dropped me off.

I didn' t see her or talk to her for about a month and one night as I__6__ her kind gesture(姿势), I decided to return the favor. So, I made a lot of __7__ and walked down

to her house with my friend. At first I was a bit 8 that she wouldn't remember me or think that I was a bad man who poisoned cookies but luckily, I was 9 wrong. She was so happy, and she hugged me and kissed me and seemed so 10 that someone would do something like that!

When I got home my mom told me that she 11 and told my mom on the phone that she 12 because she was so touched. She said she would never 13 the kindness that was given to her! That filled me with such 14! There really is nothing else joyful like 15 others and making someone's day brighter!

Let us never forget the joy we get by giving others a hand!

- | | |
|---------------|--------------|
| 1.A.precious | B.freezing |
| C.energetic | D.flexible |
| 2.A.drove | B.turned |
| C.picked | D.took |
| 3.A.simple | B.passive |
| C.warm | D.strange |
| 4.A.strangers | B.drivers |
| C.women | D.neighbors |
| 5.A.number | B.address |
| C.family | D.car |
| 6.A.regretted | B.forgot |
| C.repeated | D.remembered |
| 7.A.cookies | B.salad |

- C.bread D.sweets
- 8.A.nervous B.worried
- C.confused D.disappointed
- 9.A.generally B.hardly
- C.completely D.usually
- 10.A.surprised B.puzzled
- C.satisfied D.fearful
- 11.A.visited B.called
- C.drove D.came
- 12.A.laughed B.slept
- C.despaired D.cried
- 13.A.permit B.replace
- C.forget D.imagine
- 14.A.happiness B.interest
- C.puzzle D.tension
- 15.A.rejecting B.assisting
- C.defeating D.blaming

IV.语法填空

(2019 福建三明高一下期末联考,★★☆)

It was Mother's Day morning last year. My five-year-old son, Tenyson, and I__1
(leave)the supermarket after shopping when an old woman fainted, fell over at the

entrance and hit her head on the ground. Her husband was with her, but the woman was 2 (serious) hurt and shaking with pain.

At the front of the supermarket, a charity group was selling flowers 3 (raise) funds. Tenyson suggested that we should buy the lady a flower. “It will make 4 feel better,” he said. I was amazed that he’d come up 5 such a sweet idea. So we went to the flower seller to buy a flower for the lady.

By now rescuers and physicians had arrived, and were attending the 6 (injure) woman. As we walked up to her, my son became frightened by all the blood and medical 7 (equip). He said he was just too scared to go up to her.

Instead I gave the flower to the woman’s husband 8 told him, “My son was very upset about your wife and bought her this flower to cheer her up.”

The old man was moved and said, “Thank you so much. You have a good son. Happy Mother’s Day to you.”

The man then gave his wife the flower, 9 (tell) her whom it was from. 10 badly hurt, the old lady looked up at Tenyson with thanks in her eyes and gave him a little smile.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

6. _____ 7. _____ 8. _____ 9. _____ 10. _____

答案全解全析

基础过关练

I .1.accidents 2.operate 3.whispered 4.midnight 5.import 6.exported 7.poles
8.lap 9.lip 10.assist 11.chairman 12.memory 13.chain 14.waitress

II .1.accidentally 考查副词。句意:这次损毁不可能是偶然造成的。修饰谓语动词应用副词,故填 accidentally。

2.operation 考查名词。句意:她在诊所做了膝盖手术。根据 an 可知此处应用名词,operation 是名词,意为“手术”。

3.in 考查介词。句意:他们低声说话,以防可能被别人听见。in whisper 小声地;低声地。

4.was bitten 考查动词的时态和语态。句意:几天前,她被家里的狗咬伤了。根据 the other day 可知此处应用一般过去时,She 和 bite 之间是被动关系,故应用一般过去时的被动语态。

5.assistance 考查名词。句意:她为我的研究提供了实际的帮助。offer sb. sth.为某人提供某物,故填 assistance,意为“帮助”。

6.memorize 考查动词。句意:他研究了地图,试图记住到博物馆的路。由 try to do sth.“试图做某事”可知,此处应用动词原形,memory 是名词,其动词形式为 memorize。

7.pregnant 考查形容词。句意:当时我正怀着我们的第三个孩子。分析句子可知此处应用形容词,pregnant 是形容词,意为“怀孕的”。

III.1.step by step 2.First of all 3.in memory of 4.give first aid 5.taken place
6.find out 7.passed away 8.Once upon a time

- IV.1.looking around curiously 2.watching them 3.Turning around 4.reading a book
5.saw two women arguing 6.was seen smoking 7.have their luggage examined
8.whatever he could
9.in which 10.when crossing the road

能力提升练

I.语篇解读 本文是一篇记叙文。文章主要讲述了 David Lanster 和 Kelly Moran 热衷于厨艺,并以举办私人晚宴的方式来为慈善机构筹款的故事。

1.B 细节理解题。根据第三段中 Lanster and Moran focused on Common Threads, a charity(慈善机构) that helps to teach kids in poor neighborhoods to cook and make healthy eating choices.以及 It all goes to Common Threads because Lanster' s parents cover their food costs.可知,Lanster 和 Moran 把所有的钱都捐给这家慈善机构,即他们现在做饭是为慈善事业筹款。故选 B。

2.D 推理判断题。根据最后一段第一句 Outside the kitchen, the two are busy preparing their college applications.(在厨房外,两个人正忙着准备大学申请。)可知,为了申请大学,他们将停止做饭。故选 D。

3.B 细节理解题。根据文章第二段中的 Their meals have 17 courses and are all made by themselves.和...the pair decided to do something nice for charity.可知他们既有创造力,又乐于助人。故选 B。

4.C 主旨大意题。阅读全文可知,本文主要讲述 David Lanster 和 Kelly Moran 热衷于厨艺,并以举办私人晚宴的方式来为慈善团体筹款的故事,他们通过做饭来帮助慈善机构,帮助孩子们。故选 C 项。

II. 语篇解读 本文是一篇说明文。文章主要介绍了提升自尊心的几点建议。

1.E 根据前句可知自尊对你所做的事情起着重要的作用。再根据后句可知,自尊心强的人与同龄人和成年人的关系更好,感到更快乐。故 E 项“自尊心强的人在学校表现地更好,也更容易交到朋友。”符合语境。

2.D 根据本空前的“If you’ re used to focusing on your shortcomings, start thinking about positive aspects of yourself.”可知,如果你习惯了关注自己的缺点,那就开始思考自己积极的方面。D 项“每天写下三件关于你的、让你快乐的事。”是对上句话的补充和说明,介绍具体的做法,符合语境。故选 D 项。

3.A 根据本空前的“Accept that you will make mistakes because everyone does.”可知,接受你会犯错的事实,因为人人都会犯错。A 项“错误是学习的一部分。”符合语境,故选 A 项。

4.B 本段讲的是要认清自己能改变和不能改变的事情。B 项“意识到什么是你能改变的,什么是你不能改变的。”符合语境,故选 B 项。

5.G 根据本空前的“Help a classmate who’ s having trouble, offer to clean up your neighborhood or volunteer your time in some other way.”可知,帮助有困难的同学、主动打扫街区或者以其他方式做点贡献。G 项“像你正在起作用和你的帮助是有价值的这样的感觉会对提升自尊心产生神奇的作用。”是对上文的总结,讲的是帮助别人对提升自尊心的好处,符合语境。

III. 语篇解读 这是一篇记叙文。文章讲述了作者去看望在一个寒冷的天气里让自己搭车回家的老妇人,并认识到没有什么事情比帮助他人更能让人感到快乐了。

1.B 根据下文可知这是极冷的、刮着风的一天。precious 珍贵的;freezing 极冷的;energetic 精力充沛的;flexible 灵活的。故选 B。

2.A 根据本空后的 asked if I would like a ride home 可知一位老妇人开车赶到我身边,问我是否需要搭车。drive 驾驶;turn 转动;pick 挑选;take 拿。故选 A。

3.C 根据本空后的 smile melted(融化) away the thought 可知这位老妇人温暖的的笑容使我原有的想法慢慢消失。simple 简单的;passive 被动的;warm 温暖的;strange 奇怪的。故选 C。

4.A 根据上文内容可知,我与这位老妇人素不相识,此处是说她温暖的的笑容使我不与陌生人说话的想法慢慢消失。stranger 陌生人;driver 司机;woman 女人;neighbour 邻居。故选 A。

5.B 根据下文 walked down to her house with my friend 可知这位老妇人告诉了我她的地址。number 电话;address 地址;family 家庭;car 汽车。故选 B。

6.D 根据本空后的内容可知一个月后的一个晚上我想起了这位老妇人的善行,我决定为她做一点事情。regret 后悔;forget 忘记;repeat 重复;remember 想起。故选 D。

7.A 根据下文 think that I was a bad man who poisoned cookies 可知,我为她做了很多饼干。cookie 饼干;salad 沙拉;bread 面包;sweet 糖果。故选 A。

8.B 根据本空后的 she wouldn't remember me or think that I was a bad man who poisoned cookies 可知我担心她不记得我或把我当成坏人。nervous 紧张的;worried 担心的;confused 困惑的;disappointed 失望的。故选 B。

9.C 根据本空后的 She was so happy, and she hugged me and kissed me 可知事实证明我的想法完全错误,她看到我很高兴并热情地拥抱、亲吻了我。generally 一般地;hardly 几乎不;completely 完全地;usually 通常。故选 C。

10.A 根据本空后的 that someone would do something like that 可知我的做法让她感到很惊讶。surprised 吃惊的;puzzled 困惑的;satisfied 满意的;fearful 可怕的。故选 A。

11.B 根据本空后的 told my mom on the phone 可知这位老妇人打电话给我妈妈。visit 拜访;call 打电话;drive 驾驶;come 来。故选 B。

12.D 根据本空后的 because she was so touched 可知她感动得哭了。laugh 笑;sleep 睡觉;despair 绝望;cry 哭。故选 D。

13.C 根据文章语境可知,她说她永远也不会忘记我的好意。permit 允许;replace 代替,取代;forget 忘记;imagine 想象。故选 C。

14.A 根据本空后的 There really is nothing else joyful...可知,听到老妇人这样说,我的心里充满了幸福。happiness 幸福;interest 兴趣;puzzle 困惑;tension 紧张。故选 A。

15.B 根据整篇文章所述内容可知,此处是说没有什么事情比帮助他人更让人感到快乐的事情了。reject 拒绝;assist 帮助;defeat 打败;blame 责备。故选 B。

IV.语篇解读 本文属于记叙文。文章主要叙述了作者在母亲节这天去超市购物,儿子帮助了一位老人。作者对儿子的行为感到开心,认为这是母亲节最好的礼物。

1.were leaving 考查时态和主谓一致。句意:我五岁的儿子 Tenyson 和我购物之后正准备离开超市,这时一个老太太突然晕厥跌倒在入口处,并且她的头撞在了地上。本句包含“be doing sth. when...”结构,表示“正在做某事,这时突然……”,陈述过去正在进行的一个动作,故用过去进行时,主语为 My five-year-old son, Tenyson, and I,故用 were leaving。

2.seriously 考查副词。修饰形容词 hurt 应用副词,故填 seriously。

3.to raise 考查不定式作目的状语。句意:在超市的前面,一个慈善组织在卖花筹集资金。此处是不定式作目的状语。

4.her 考查人称代词的宾格。根据前文可知,作者的儿子建议给老太太买一朵花,这会让她开心,本句缺少宾语,应用代词的宾格,故填 her。

5.with 考查介词。come up with 意为“想出”,是固定搭配,故用介词 with。

6.injured 考查形容词。修饰名词 woman 用形容词,injured 意为“受伤的”。

7.equipment 考查名词。形容词 medical 修饰名词,故用 equipment。

8.and 考查连词。分析句子可知,本句 gave 与 told 作并列谓语,故用并列连词 and。

9.telling 考查非谓语动词。分析句子可知,tell 与其逻辑主语 The man 之间为主动关系,故用现在分词形式。故填 telling。

10.Although/Though 考查状语从句。句意:尽管受伤严重,老太太还是抬头看着 Tenyson,眼睛里含着谢意,并且微微一笑。分析句子可知,此处引导让步状语从句,故用连词 Although 或者 Though。