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高中英语 选择性必修第三册 人教版

≅知识▷清单破

I .核	该心单词
$(A)^{\frac{r}{E}}$	号作词汇—写词形
1	adj.严寒的;激烈而不愉快的;味苦的
2	n.忍耐力;耐久力
3	n.精力;力量;活力
4	adj.符合资格;具备·····的知识(或技能、学历等)
5	adj.热情的;热心的
6	vt.分派;布置;分配
7	n.& vt.羡慕;妒忌
8	vt.毁坏;压坏;压碎 n.拥挤的人群

1.wage *n*.___

9vi.沉没;下沉;下降 vt.使下沉;使沉没
10vt.舍弃;抛弃;放弃
11n.[pl.]财物;动产
12adj.相当不错的;正派的;得体的
13adj.真正的;真诚的;可信赖的
14
15vi.坚持;孜孜以求
16vi. & vt.决定;决心;解决(问题或困难)n.决心;坚定的信念
17n.决议;解决;坚定
18adj.深入的;彻底的;细致的
19n.指导;引导;导航
(B)阅读词汇—明词义



2.expedition <i>n</i>
3.aboard <i>adv.</i> & <i>prep</i>
4.cupboard <i>n</i>
5.steward <i>n</i>
6.stove <i>n</i>
7.blanket <i>n</i>
8.banjo <i>n</i>
9.miserable <i>adj</i>
10.voyage <i>n</i> .& <i>vi</i>
11.navy <i>n</i>
12.cosy <i>adj</i>
13.good/bad-tempered <i>adj</i>
14.crew <i>n</i> .



15. furniture <i>n</i>	_			
16.bark <i>vi</i> .& <i>n</i>		<u> </u>		
17.rugby <i>n</i>				
18.bat <i>n</i>	vi.& vt			
19.damp <i>adj</i>)·	=		
20.recreation <i>n</i>		_		
21.nephew <i>n</i>				
22.corporate <i>adj</i>				
23.navigator <i>n</i>				
24.loyal <i>adj</i>	,			
25.motor <i>n</i>	adj		_	
26.candidate <i>n</i>		-		
27.episode <i>n</i>				

28.motive n	1	
29.Confuci	anism <i>n</i>	
(C)拓展词	汇—灵活用	
1	adj.自私的→	_ adv.自私地→ n.自私
2	_adj.残酷的;残忍的;冷酷的→	→adv.残酷地;残忍地;冷酷地—
	_n.残忍;残酷;残暴	
3	n.运气;机会;大笔的钱→_	adj.幸运的—
adv.幸运地	adj.不幸的-	→adv.不幸地;遗憾地
4	vt. & vi.公布;宣传;做广	·告→n.广告活动;广告业-
	n.广告;启事	
5	adj.汹涌的;粗糙的;粗略的	J→ adv.大约;粗暴地;粗糙地

6	_vt.承诺,保证vi.忠于;全心全意投入→	adj.尽心尽力
的;坚定的;坚信	言的→ <i>n</i> .承诺;保证;奉献	

Ⅱ.重点短语	
1	拒绝(某人)
2	生火
3	_ 放出(热、光、气味或气体)
4	南极
5	南极地区
6.set off	
7.well and trul	<u></u>
8	指派某人做某事
9	卡在里;陷入里
10.keepup _	
11	每况愈下
12.make it	

13.hold on	
14	过去常常做;过去曾经做
15	在•••••方面经验丰富
	最擅长•••••
17	转换话题(到);开始做(别的事)
18	(某事)发生在某人身上
19	从•••••开始
20	报名参加
21	作为••••而出名



III.经典结构			
1.嗯,非常碰巧一天上午我买了张报纸,看	到了关于南极探险的广告。		
Well, one morning	g I bought a newspaper and read the adver		
tisement about the Antarctic expedition.			
2.你可不要变成另一个汤姆。			
another Tor	n.		
3.如果没有弗兰克和欧内斯特,我们现在就都死了。			
Frank and Ernest,	all be dead by now.		
4.没有什么比得上一顿好饭和一点音乐!	更能让我们振作起来了。		
a good dinner	and some music to cheer us up.		
5.南极没有树木生长,没有土壤,所以我们	J唯一能用的燃料是动物的脂肪。		
no treeson	Antarctica and no oil, so the only fuel we		
could use was animal fat.			



6.要不是由于海洋动物,我们都会饿死。
sea animals, we would all starve.
7.当我们最终获救的时候,我们感到如此欣慰和快乐,以至于我们当中的很多人推
藏不住泪水。
When we were finally rescued, we felt many of us could
not hide our tears.

\mathbf{W}	长难句分	析
IV.		47 L

1. How everyone will envy me when I come back and tell them about the amazing			
places I have been to!			
分析:这是一个	。How everyone will envy me是	,when I	
come back and tell them about the	e amazing places I have been to是	· · · · · · · · · · · · · · · · · · ·	
I have been to是,	修饰先行词places。		
句意:当我回来告诉他们我去过的那些神奇的地方的时候,他们每个人会多么羡			
慕我啊!			
2.But I was so enthusiastic about the idea of going along with them that I secretly			
went aboard his ship, the <i>Endurance</i> , and hid in a small cupboard.			
分析:这是一个	。句中sothat意为"如此·····以至于··	····",	
引导。			
句意:但是我如此热衷于和他们	同去的想法,以至于我偷偷地上了他的船-		

- "坚韧"号,并藏身在一个小橱柜里。
- 3.It was almost as dangerous to become too hot from wearing too many clothes as to become too cold from wearing too few.

句意:因为穿得太多而太热几乎和因为穿得太少而太冷一样危险。

V	.必备语法
v	· 2 🖽 🖽 🕰

现在完成进行时

I.An expedition to the South Pole with the great Sir Ernest Shackleton—this is the				
adventure that I	(dream) of.			
2.We are now camped on the ice and	we (manage) to sur-			
vive, but spring is coming, and the ic	ee will soon begin to melt.			
3.We(stru	iggle) for days, but things on Elephant Island are			
going from bad to worse.				
4.The dog(ba	rk) for about two hours. I really hope it will stop			
soon.				



灣词汇▷情景破

知识点

1 |turn sb. down 拒绝(某人)

However, when I applied to join the expedition, Shackleton turned me down because he thought I was too young and wasn't qualified. (教材P38) 然而,当我申请加入探险队的时候,沙克尔顿拒绝了我,因为他认为我太年轻,不合格。

灣情景导学

If you must watch TV, please turn the volume down.

如果你必须要看电视,请把音量调低一点。

It turned out that he won first prize, which was beyond his expectation.

结果他得了一等奖,这超出了他的预期。

They finally turned up at midnight. 他们终于在午夜出现了。

It was considerate of you to turn off the light while I was sleeping.

你真体贴,在我睡觉的时候关了灯。

❷归纳拓展

①turn down 拒绝;_____

②turn up_____;露面;调高

③turn off 拐弯:_____

④turn out_____; ____; 生产

链接高考

单句语法填空

1-1 (2019课标全国 I ,七选五, ***)It turns_____ that just looking at green, growing things can reduce stress, lower blood pressure, and put people into a better mood(情绪).

1-2 (2018课标全国III,完形填空)He turned _____ at the hospital bearing gifts for the new mother Lindsey and her baby boy.

1-3 (2017课标全国III,语法填空, ***)She has turned ______ several invitations to star at shows in order to concentrate on her studies.

1-4 (Finally, Dad turned ______ the stove, the pot began to cool and the pressure relief valve sprayed out a cloud of steam.



1-5 ()TV Ears has helped thousands of people with various degrees of hearing loss hear the television clearly without turning_____ the volume (音量)!

UNIT 4 ADVERSITY AND COURAGE

知识点 2 | enthusiastic adj.热情的;热心的

But I was so enthusiastic about the idea of going along with them...(教材P38) 但是我如此热衷于和他们同去的想法······

፟情景导学

Despite their own risks, enthusiastic medical personnel across the country voluntarily rushed to Wuhan—the front-line battlefield against coronavirus. 尽管将自己置身险境,全国各地满腔热忱的医务人员依然自愿奔赴武汉——抗击冠状病毒的前线战场。

He is always enthusiastic to help me whenever I am in trouble. 每当我遇到麻烦,他总是热心帮助我。

❷归纳拓展

- ①be enthusiastic _____对······充满热情,热衷于
- ②be enthusiastic_____ sth. 热心做某事, 热衷于做某事

- ③enthusiasm n.热情,热心
- ④enthusiastically adv.热心地;满腔热情地单句语法填空
- 2-1 (2019北京,阅读理解B, ***)Moore is enthusiastic_____ the candy she created, and she's also positive about what the future might bring.

UNIT 4 ADVERSITY AND COURAGE

2-3 The failure was a big blow to him, but he wasn't discouraged and soon got as _____(enthusiasm)as ever.

3 | assign vt.分派;布置;分配

He assigned me to be a steward, and I now serve meals for twenty-eight men, three times a day. (教材P38) 他分派我做个服务员,现在我为28个人做饭,一日三餐。

情景导学

You need to assign each action to the relative button view component. 您需要将每一个操作分配给相应的按钮视图组件。

Don't litter the ground. Look at the sign, "Rubbish into the assigned dustbin". 不要往地上乱扔垃圾。看牌子:"垃圾放入指定的垃圾箱"。

You will need to o	complete three written assignments per semester. 你每学期要完成		
三个书面作业。			
❷归纳拓展			
①assign sb	sth.分配某人做某事;指派某人做某事		
②assign sth	sb.分配某物给某人;分派、布置(工作、任务等)给某人		
3	n.任务;作业;分配;布置		
单句语法填空			
3-1 (2019天津,阅	读理解B, (Occasionally, I would read a novel that		
(assign), but I didn't enjoy this type of reading.			

3-3 (2016上海,Grammar and Vocabulary Section A(A), Last year, I was assigned _____ (work) at an office near my mother's house, so I stayed with her for a month.

UNIT 4 ADVERSITY AND COURAGE

3-4 ()Offices and work spaces often are not assigned _____a given person on a permanent basis.

知识点 4 | envy n.& vt.羡慕;妒忌

How everyone will envy me when I come back and tell them about the amazing places I have been to!(教材P38)当我回来告诉他们我去过的那些神奇的地方的时候,他们每个人会多么羡慕我啊!

貸情景导学

The new watch was the envy of his classmates.那块新的手表成了他的同学们羡慕的东西。 As a Chinese girl, she speaks French with enviable fluency. 作为一个中国姑娘,她说法语流利得令人羡慕。

Glover thought that Smith spoke ill of him, perhaps out of envy. Glover认为Smith说他坏话,也许是出于忌妒。

❷归纳拓	展		
①envy sb	o. sth.羡慕某 <i>。</i>	人的某物	
②be	envy	成为羡慕/忌妒的对象;成	为羡慕/忌妒的东西
3	adj.\$	人羡慕的;引起忌妒的	
<u>4</u>	出于	一忌妒	
单句语法	填空		
4-1 (2019	课标全国I,	阅读理解D, ***)	(envy)as the cool kids may
have seem	ned, Dr. Prins	stein's studies show unpleasan	t consequences.
	, · · · · - · · -		
4-2 (2016)	江苏,阅读理	解D改编, (She was	envy of the whole commun
,			

4-3 (**)The passengers stared at him enviously for six months out of the year. He enjoyed ______(envy).

4-4 (大文)The adobe dwellings(土坯房)built by the Pueblo Indians______(envy)by those outsiders nowadays.

UNIT 4 ADVERSITY AND COURAGE

5 | abandon vt.舍弃;抛弃;放弃

Before we abandoned the ship, Shackleton calmly called us together...(教材P38) 在我们弃船之前,沙克尔顿镇定地把我们召集在一起······

҈情景导学

The study showed a deep fear among the elderly of being abandoned to the care of strangers. 研究表明,老人十分害怕被丢给陌生人照管。

We are scared to abandon ourselves to our feelings in case we seem too weak or out of control.我们不敢放纵自己的情感,以免我们看起来太懦弱或没规矩。

He posts photos of abandoned cats and dogs onto the Internet in order to arouse people's concern. 他在网上发布被遗弃的猫和狗的照片以引起人们的关心。

❷归纳拓展

- ①abandon sb./sth. ____sb./sth.把·····丢弃给·····;把·····丢到······
- ②abandon oneself____sth.使某人沉湎于(某种情感)
- ③______adj.被离弃的;被抛弃的

单句语法填空

5-1 (2019北京,阅读理解C改编, ***)That might mean either developing a uniform way to mark videos and images, showing when and who they were made by, or (abandon)phone calls altogether.

5-2 (2018课标全国III,阅读理解C, Wang collected more than 7 million (abandon) bricks of different ages.

5-3 ()I was not like the children in folktales: burdensome mouths to feed, nui sances to be corrected, problems so severe that they were abandonec _____ the forest.

UNIT 4 ADVERSITY AND COURAGE

知识点 6 | belongings n.[pl.] 财物;动产

We were not allowed to take most of our personal belongings, and Shackleton himself threw away all his gold. (教材P38) 我们的大多数私人物品都不允许携带,沙克尔顿他自己扔掉了他所有的黄金。

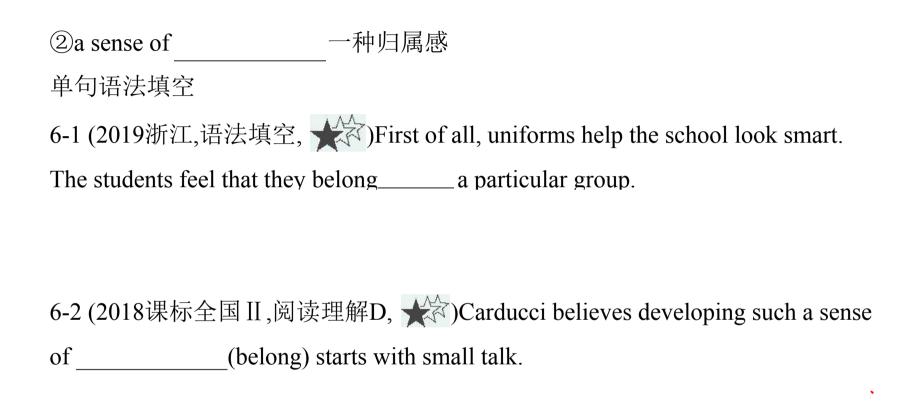
情景导学

Setting foot on the homeland, he felt a strong sense of belonging.踏上祖国的土地,他感到了一种强烈的归属感。

I realized that he and I belonged to different worlds. 我意识到我和他不是一路人。

❷归纳拓展

①belong _____属于(无被动语态)



单句改错

6-3 (2017课标全国 I ,阅读理解A, ***)Lockers are available to store any belong ing during your visit.

UNIT 4 ADVERSITY AND COURAGE

7 [application n.申请;请求;应用

Unfortunately, his application was turned down because he was too young and not qualified enough.(教材P40) 不幸的是,他的申请被拒绝了,因为他太年轻,不够合格。

፟情景导学

He made an application to the committee for the post on second thoughts. 经再次思考,他向委员会申请了这一职位。

The new technology, if applied to rice growing, will help increase the grain output. 这项新技术,若应用于水稻种植,将有助于增加粮食产量。

❷归纳拓展



7-2 (2019课标全国 I ,阅读理解C, **)This smart keyboard precisely measures the cadence(节奏)with which one types and the pressure fingers apply _____each key.

UNIT 4 ADVERSITY AND COURAGE

割误点 8 | guidance n.指导;引导;导航

He finally finished the research paper under his tutor's guidance. (教材P41) 在导师的指导下,他终于完成了研究报告。

情景导学

Every household in the village has four dustbins to classify their rubbish, and they are also given a brochure about guidance on garbage sorting. 这个村子每家有四个垃圾

箱来把他们的垃圾进行分类,并且也给了他们一本关于垃圾分类的指导手册。

Under the guidance of modern science and rational spirit, the human society makes continuous progress. 在现代科学和理性精神的指导下,人类社会不断进步。

A knowledgeable guide will ensure you an enjoyable and instructive experience around the museum.一个知识渊博的导游会确保您参观博物馆成为一次既有趣又增长知识的经历。

Thankfully, a helpful local guided us through the busy streets to the nearest bus stop. 谢天谢地,一个乐于助人的当地人带领我们穿过繁忙的街道去最近的公交车站。

❷归纳拓展

①theof住	•••••的指导下
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②guidance _____关于某方面的指导

③guide sb._____...引导某人去 ······

④_____n.导游

单句语法填空

8-1 (2019天津,阅读理解D改编, ***)The author's purpose in writing the passage is to provide guidance_____leading a meaningful adult life.

8-2 (2018课标全国 I ,阅读理解A, ***)Knowledgeable_____ (guide) will entertain you with the most interesting stories about Presidents, Congress, memorials, and parks.

UNIT 4 ADVERSITY AND COURAGE

划误点 9 | give off 放出(热、光、气味或气体)

This gave off oily, black smoke, but it stayed burning even in strong winds.(教材P44)这样做放出油腻的黑烟,但是它甚至在强风中也一直燃烧。

*****情景导学

I tried my best to treat my boy kindly, but my patience gave out. 我尽最大努力好好

UNIT 4 ADVERSITY AND COURAGE

对待我儿子,但是我的耐心已经耗尽。

The video of Chinese international students giving away face masks in Tokyo in order to protect people from COVID-19 touched the heart of billions of people. 中国留学生在东京发放口罩以保护人们免受新型冠状病毒肺炎的视频触动了亿万人的心。

We must carry the experiment through to the end, instead of giving up halfway. 我们一定要把这项实验进行到底,而不是中途放弃。

With the development of science and technology, old equipment has to give way to new inventions. 随着科学技术的发展,旧设备不得不被新发明取代。

❷归纳拓展

①give	放弃
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②give 赠送;分发;颁发;错失;泄露

③give _____对 ······让步/屈服;被 ······替代

UNIT 4 ADVERSITY AND COURAGE

- ④give____发出、放出(热、光等);用完;耗尽;公布;分发
- ⑤give in屈服;让步;投降

单项选择

- 9-1 (2019北京,阅读理解D, ***)Phytoplankton live at the ocean surface, where they pull carbon dioxide(二氧化碳)into the ocean while _____ oxygen.
- A.giving away B.giving up
- C.giving off D.giving in

- 9-2 (Body language can a lot about your mood, so standing with your arms folded can send out a signal that you are being defensive.
- A.give away B.give off
- C.give out D.give up

9-3 (Walls made of adobe take in the heat from the sun on hot days and that heat slowly during cool nights, thus warming the house.

A.give up

B.give out

C.give away D.give back

单句改错

9-4 (2019浙江,完形填空, **)For legal reasons, most restaurants have a policy a gainst giving off food waste. "Some people have even risked their jobs by giving me food," Dubanchet said.

營结构▷情景破

到误点 1 | there is/was nothing like没有比.....更......

There was nothing like a good dinner and some music to cheer us up.(教材P44) 没有什么比得上一顿好饭和一点音乐更能让我们振作起来了。

፟情景导学

There is nothing better than to see the smiling face of you. I wish you happiness every day! 没有什么比看到你的笑脸更好的事了。我祝你快乐每一天! If two people have nothing in common, exchanging a few words can be difficult.如果两个人没什么共同之处,几句话的交流可能都困难。

UNIT 4 ADVERSITY AND COURAGE

The manager told us that he had nothing to do with the decision. 经理告诉我们这项决定和他无关。

❷归纳拓展

- ①there is nothing+ +than...没有什么比·····更·····
- ②_______没有什么共同之处
- ③have______with...和******没有关系
- ④nothing but 只有,只是,仅仅
- ⑤anything but一点也不;根本不

链接高考

单句语法填空

1-1 (2017上海,阅读理解C改编, ***) Perhaps nobody thinks personality has noth ing to do one's career life.

1-3 (As a student, I can tell you that there is _____ better than being praised by my teacher before my classmates.

1-4 (如如)My color television has given me______ but a headache. A salesclerk fooled me into buying a discontinued(停止使用的)model. I realized this a day later.

型误点 2 |such...that...如此.....以至于......

When we were finally rescued, we felt such relief and joy that many of us could not hide our tears.(教材P45) 当我们最终获救的时候,我们感到如此欣慰和快乐,以至于我们当中的很多人掩藏不住泪水。

፟情景导学

It is so moving a play that most of us can't help crying. 这是如此动人的一部戏,以至于我们大多数人都忍不住哭了。

It happened so suddenly that people had no time to escape.事情发生得如此突然,以至于人们没有时间逃跑。

Susan made such rapid progress that before long she began to write articles in Chi-

UNIT 4 ADVERSITY AND COURAGE

nese for a newspaper.苏珊进步如此迅速,以至于很快她就开始用汉语为一家报社写文章了。

Susan made so much progress that she began to write articles in Chinese for a newspaper. 苏珊进步如此大,以至于她开始用汉语为一家报社写文章了。

❷归纳拓展

表达"如此……以至于……"的四种句式:

- ①_____+形容词/副词+that...
- ②_____+形容词+a/an+单数可数名词+that...
- ③such+a/an+形容词+单数可数名词+that...
- ④_____+形容词+不可数名词/可数名词复数+that...
- ⑤若名词前面是many、much、few、little等表示"多,少"的形容词时,用_____ 而不用。

UNIT 4 ADVERSITY AND COURAGE

单句语法填空

2-1 (2019课标全国III,语法填空, **)On our way to the house, it was raining ______hard that we couldn't help wondering how long it would take to get there.

单句改错

2-3 (2019天津3月改编,15,)Mary's description was such vivid that I felt as if I had been there.



2-4 (2018课标全国 II ,七选五, **)If you are already making the time to exercise, it is good indeed! With so busy lives, it can be hard to try and find the time to work out.

灣语法▷精讲破

现在完成进行时

一、现在完成进行时的构成

【观察】

I have been teaching English at university for 25 years.我在大学教英语25年了。 His eyes ache because he has been sitting in front of the computer all the afternoon.

他的眼睛痛因为他整个下午都坐在电脑前。

【归纳】

二、现在完成进行时的意义

【观察】

I have been working with her for 20 years.

我与她一起工作有20年了。

How long has your friend Jane been working in the company?你的朋友简在那家公司工作多久了?

They have been repairing the broken road.他们一直在修那条损坏的道路。

All these days he has been writing articles for our magazine.这些天来他一直在为我们的杂志写文章。



- (1)现在完成进行时的作用:表示动作从过去某个时刻开始一直持续到现在,甚至将来,强调②____。
- (2)表示从过去到现在的一段时间内被反复进行的动作或存在的状态。
- 三、现在完成进行时和现在完成时的区别

【观察】

They have been widening the road. 他们在加宽马路。(但尚未完工)

They have widened the road. 他们加宽了马路。(已完工)

- ③Have you been phoning her lately? 你最近一直在给她打电话吗?
- ④Have you phoned her lately?你最近给她打过电话吗?

【归纳】

- (1)现在完成进行时往往强调动作的延续,现在完成时往往强调动作的③____。
- (2)现在完成进行时往往表示动作在④ _____,现在完成时表示的动作常常不带
- 5

链接高考

单句语法填空

2.(2019课标全国 II,阅读理解D, ***)For the past two years, Gordon's students have been ______(study)ways to kill bacteria in zero gravity, and they think they're close to a solution(解决方案).

3.(2019课标全国III,完形填空, "People have been_____ (sit) there and standing there and taking pictures of each other," Ro says.

4.(2017课标全国 II,阅读理解C, **)Inventors have been ______(try)to make flying cars since the 1930s, according to Robert Mann, an airline industry expert.

完成句子

5.(2018课标全国III,阅读理解D改编, (1) 几周以来,我一直在思考更大、更深层次的问题:我们如何让他们养成这种习惯?

For weeks, I ______ bigger, deeper questions: How do we make it a habit for them?

6.(2018课标全国III,阅读理解C, ¥	(本)事实上,传统也指那些一直在发展和仍在被
创造的事物。	
In fact, tradition also refers to the thi	ings that and that
·	
7.(2018课标全国 I ,阅读理解C, 🜟	(本)语言的出现和消失已经有几千年的历史了
但在近代,语言的出现越来越少,消失	失越来越多。
Languages	for thousands of years, but in recent
times there has been less	and a lot more